## 1. Institute offers sports facilities:

The institute provides an array of sports equipment across various categories. This includes Badminton kits ,Cricket kits ,Table Tennis setups, Basketball units, Football and kits for other sports.

## 2. Institute offers GYM facilities:

The gym facility at the institute is well-equipped with a variety of equipment. This includes 01 Bench Press, 01 Cycling Machine, 17 Dumbbells, 01 Incline Bench Press, 01 Multi-Purpose Machine, 01 Pull Up Bar, 20 Plates, 02 Rods, 01 Twister, 02 Dumbbell Rods, 01 Treadmill, and 04 Yoga Mats, totaling 52 items.

## 3. Institute offers Indoor sports facilities:

The available indoor games includes Carrom Board, Chess Board, Chinese Checker, and Table Tennis. These options provide opportunities for enjoyable and engaging recreational activities.

## 4. Institute offers Outdoor sports facilities:

The available outdoor games includes Badminton, Basketball, Cricket, Football, High Jump, Long Jump, Recreational Races, Shot Put, Tug of War, and Volleyball. These options cater to diverse interests, providing students with opportunities for physical activity, skill development, and friendly competition. Few sports are conducted in college premises and also the outside of premises in collaboration with VMC(Vivek Vihar) and Commonwealth Games Village.

Director

Ideal Institute of Management & Technology (G.G.S. Indraprastha University)

16X, Karkarddoma Institutional Area, Delhi

The Institution has adequate facilities for sports, games (indoor, outdoor), gymnasium,yoga centre etc.

The institute boasts a range of sports facilities outlined as follows:

S.NO.	CATEGORY	NO. OF EQUIPMENTS
1.	Badminton Racket	8
2.	Plastic Shuttle Cock`	18
3.	Badminton Net	02
4.	Badminton Pole	02
1	Cricket bat	2
2	Cricket batting pad,	6
3	Keeping batting pad,	2
4	Keeping Gloves	2
5	Batting Gloves	4
6	Elbow Guard	2
7	Thigh Guard	4
8	Chest Guard	1
9	Leather Ball	The second secon
10	Cricket stump	12
11	Cricket Bails	10
		04
1	Table Tennis Bat	08
2	Table Tennis Ball	18
3	Table Tennis Net	03
4	Table Tennis Table	03
1	BasketBall Boys	03
2	BasketBall Girls	03
1	Football	03
1	Volleyball	03
2	Volleyball Net	02
3	Volleyball Pole	02
	Total	127
	GYM EQUIPMENT	48.
1	BENCH PRESS	01
2	CYCLING MACHINE	01
3	DUMB BELLS	17
4	INCLINE BENCH	01
	PRESS	· .
5	MULTI PURPOSE	01
	MACHINE	JANUARY BUILDING
6	PULL UP BAR	01
7	PLATES	20
8	RODS	02
9	TWISTER	01
	######################################	■ 10.00 AV 10.00

Director
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11	TREADMILL	01
	OTHER SPORTS	74
	EQUIPMENT	
	Chess Board-	04
	Carrom Board	06
	Chinese Checker	04
	Javelin-	
	Girls	03
	Boys	02
	Shortput-	
	Girls	01
	Boys	01
	Skipping Rope	03
	High Jump Pole	01
	Foot Air pump	01
	Air Nozal Pin	05
	Measuring tape	02
	Relay Baton	06
	Weighing Machine	01
	Whistle Fox 40	01
	Ludo	02
	Yoga Mat	04
	Rope	01
	Victory Stand	01
	Clapper	02
	Drum	02
	Shin Guard	10
	Tennis Cricket Bat	03
	Torch	01
	Torch Stand	01
	Tennis Cricket Ball	04
	Running trophy	01

**TOTAL SPORTS EQUIPMENTS: - 249** 

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